

JANUARY 2022

Eagle Wings Academy

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Nuggets Mashed potatoes Green beans Fruit	4 Breakfast casserole Fruit	5 Pizza rolls Salad Fruit	6 Marzetti Corn Fruit	7 Hot dogs Baked beans Chips Fruit
10 Chicken patty Peas Fruit	11 Frito mountain Corn Fruit	12 Pizza Cottage Corn Fruit	13 Mac & cheese Green beans Bread & butter Fruit	14 Hamburger Chips Carrots Fruit
17 No School	18 Chili Cornbread Fruit	19 Lasagna Vegetable Fruit	20 Sheppard's pie Corn Fruit	21 Meatball sub Chips Carrots Fruit
24 BBQ chicken sandwich Green beans Fruit	25 Taco Refried beans Fruit	26 Pizza cottage Corn Fruit	27 Breakfast casserole Fruit	28 Warm deli ham sandwich Chips Carrots Fruit
31 Chicken noodle soup Mashed potatoes Green beans Fruit				